

Global Warming Ten things you can do to help curb it!

- 1. Change a light bulb** - Replacing one regular light bulb with a compact fluorescent bulb will save 150 pounds of carbon dioxide a year.
- 2. Drive less** - Walk, bike, carpool or take mass transit more often. You'll save one pound of carbon dioxide for every mile you don't drive.
- 3. Recycle** - You can save 2,400 pounds of carbon dioxide per year by recycling just half of your household waste.
- 4. Check your tires** - Keeping your tires inflated properly can improve gas mileage by more than 3%. Every gallon of gasoline saved keeps 20 pounds of carbon dioxide out of the atmosphere!
- 5. Use less hot water** - It takes a lot of energy to heat water. Use less hot water by installing a low-flow showerhead (350 pounds of carbon dioxide saved per year) and washing your clothes in cold or warm water (500 pounds saved per year).
- 6. Avoid products with a lot of packaging** - You can save 1,200 pounds of carbon dioxide if you cut down your garbage by 10%.
- 7. Adjust your thermostat** - Moving your thermostat down just two degrees in winter and up two degrees in summer could save about 2,000 pounds of carbon dioxide a year.
- 8. Plant a tree** - A single tree will absorb one ton of carbon dioxide over its lifetime.
- 9. Be a part of the solution** - Learn more and get active at climatecrisis.org and www.realclimate.org.
- 10. Spread the word** - Read the OEC's *Climate Road Map Part 1 and Part 2* reports at www.theOEC.org, and urge your lawmakers to invest in energy-saving solutions.

